

October 2017 - Lunch Menu

Menus are subject
to change without notice

1 Unstuffed Cabbage, Green Beans, Dinner Roll, Rice Crispy Treats	2 Polish Sausage, Sauerkraut, Au Gratin Potatoes, Jell-O & Whipped Topping	3 Macaroni and Cheese, Stewed Tomatoes, Dinner Roll, Chocolate Cake	4 Chicken Alfredo, Glazed Carrots, Garlic Bread, Spice Cookie	5 Hot Roast Beef, Sandwich, Mashed Potatoes, Buttered Corn, Oreo Dessert	6 Roast Turkey, Stuffing, Gravy, Winter Squash, Strawberry Rhubarb Pie	7 Pork Roast, Whipped Potatoes, Harvard Beets, Bread, Praline Cake
8 Beef Stew, Corn O'Brien, Biscuit, German Chocolate Brownie	9 Chicken Rice Soup, Ground Bologna Sandwich, Coleslaw, Banana Crème Pudding	10 Sloppy Joes on a Bun, French Fries, Creamed Corn, Dill Pickle, Fruit Salad, Chocolate Pudding	11 Chicken Divan, Mashed Potatoes, Broccoli, Bread, Chocolate Pudding	12 Bean Soup, Beef & Swiss Sandwich, Cucumber Salad, Saltine Crackers, No Bake Cookie	13 Breakfast Casserole, Sausage Links, Croissant Roll, Strawberries	14 Baked Ham, Cheesy Potatoes, Diced Carrots, Dinner Roll, Boston Cream Pie
15 Fried Chicken Breast, Potato Salad, Baked Beans, Bread, Chilled pears	16 Spaghetti with Meat Sauce, Waxed Beans, Garlic Bread, Chocolate Lush	17 Fish Platter with Fried Potatoes, Zucchini Casserole, Bread, Ice Cream	18 Sweet/ Sour Chicken, Rice, Fortune Cookies, Oriental Blend Vegetables, Bread, Yellow Cake	19 Broccoli and Cheese Soup, Bologna and Cheese Sandwich, Tomato Juice, Peaches, Saltine Crackers	20 Chicken Strips, Macaroni Salad, Green Peas, Bread, Frosted Brownie	21 Roast Pork and Rosemary, Roasted New Potatoes, Green Bean Casserole, Bread, Sweet Potato Pie
22 Chicken Pot Pie, Seasoned Broccoli, Biscuit, Apple Crisp	23 Salisbury Steak with Gravy, Mashed Potatoes, Prince Charles Veggies, Bread, Chocolate Pie	24 Meatballs, Buttered Noodles, Parmesan Green Beans, Bread, Golden Peach Crumble	25 Meatloaf, Baked Potato and Sour Cream, Green Peas, Dinner Roll, Lemon Pudding Parfait	26 Chicken Patty on Bun, Potato Chips, Coleslaw, Silver White Cake	27 Lasagna, Broccoli, Garlic Bread, Oatmeal Cookie	28 Roast Turkey, Stuffing and Gravy, Corn, Bread, Pumpkin Pie
29 Beef Tips with gravy, Noodles, Baby Carrots, Bread, Ice Box Dessert	30 Cheeseburger Deluxe, French Fries, Dill Pickle Chips, Cookie Bar	31 Fried Chicken, Mashed Potatoes, Cream Gravy, Whole Kernel Corn, Bread, Apple Crisp				

October 2017 - Dinner Menu

Menus are subject
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1 Roast Chicken, Buttered Penne, Brussel Sprouts, Biscuit, Strawberry Poke Cake	2 Tomato Basil Soup, Tuna Salad Sandwich, Saltine Crackers, Dill Pickle, Poaches Pears	3 BBQ Pork on a Bun, Roasted Potatoes, Prince Charles Vegetables, Ice Cream	4 Hamburger Pie, Japanese Vegetables, Dinner Roll, Cheesecake	5 Cheese Omelet, Homemade Cinnamon Rolls, Fried Apples	6 Hamburger Deluxe, Pasta Salad, Green Beans, Mixed Fruit,	7 Cheese Ravioli, Marinara Sauce, Italian Medley Vegetables, Breadstick, Assorted Cookies
8 Baked Chicken, Mashed Potatoes and Gravy, Scandinavian Blend Vegetables, Dinner Roll, Cherry Crisp	9 Meatloaf, Baked Potatoes, Peas and carrots, Bread Fruit Mix	10 Fish Sticks, Macaroni and Cheese, Buttered Peas, Bread, Pineapple Upside Down Cake	11 Cheddar Cheese Soup, Egg Salad Sandwich, Pickled Beets, Spiced Peaches, Saltine Crackers	12 Kielbasa, Fried Potatoes, Sauerkraut, Bread, Cherry Chip Cake	13 Chicken and Dumplings, French Style Green Beans, Biscuit, Ambrosia Whip Topping	14 Swiss Steak, Scalloped Potatoes, Seasoned Beets, Bread, Ice box Dessert
15 Baked Ziti with Italian Sausage, Italian Medley Vegetables, Bread, Rice Crispy Treat	16 Chicken Patty on a Bun, Tater Tots, Dill Pickle, Buttered Carrots, Banana Bars	17 Swedish Meatballs, Buttered Noodles, Scandinavian Blend Vegetables, Dinner Roll, Apple Cobbler	18 Belgium Waffles, Sausage Patty, Strawberry Topping, Syrup	19 Hamburger on a Bun, Dill Pickle, Potato Chips, Coleslaw, Chocolate Chip Cookie	20 Beef and Barley Soup, Ham and Cheese Sandwich, Buttered Carrots, Chunky Applesauce, Saltine Crackers	21 Unstuffed Peppers and Rice, Buttered Corn, Bread, Fruit Cup
22 Hot Dog on a Bun, Onion Rings, Baked Beans, Molasses Cookies	23 Chili, Deli Croissant, Chilled Pears, Saltine Crackers	24 Chicken Fricassee, Cheesy Potatoes, Red Cabbage, Bread, Assorted Cookie	25 Cream of Mushroom Soup, Ham and Swiss Sandwich, Tomato Juice, Spice Cake, Saltine Crackers	26 Roast Beef, Mashed Potatoes, Winter Squash, Dinner Roll, Ice Cream	27 Texas French Toast, Western Egg Scramble, Warm Chunky Applesauce	28 Goulash, Mixed Vegetables, Corn Bread, Blueberry Crisp
29 Baked Chicken, Scalloped Potatoes, Winter Mixed Vegetables, Dinner Roll, Frosted Marble Cake	30 Homemade Chicken Noodle Soup, Ground Bologna Sand- wich, Wax Beans, Saltine Crackers, Chilled Pears	31 Fisherman's Sandwich, Garlic Buttered Noodles, Carrots, Lemon Meringue Pie				

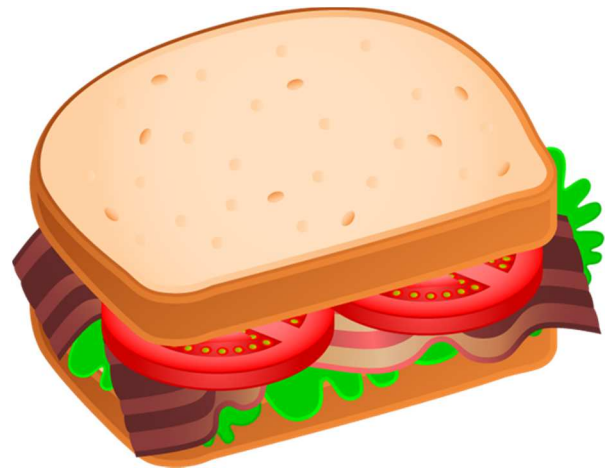
October 2017 - Lunch and Dinner Substitutions

- ◆ Week of 10/1 to 10/7
- ◆ Grilled Cheese Sandwich
- ◆ Waffles and Syrup
- ◆ Chicken Strips
- ◆ Pepper Steak



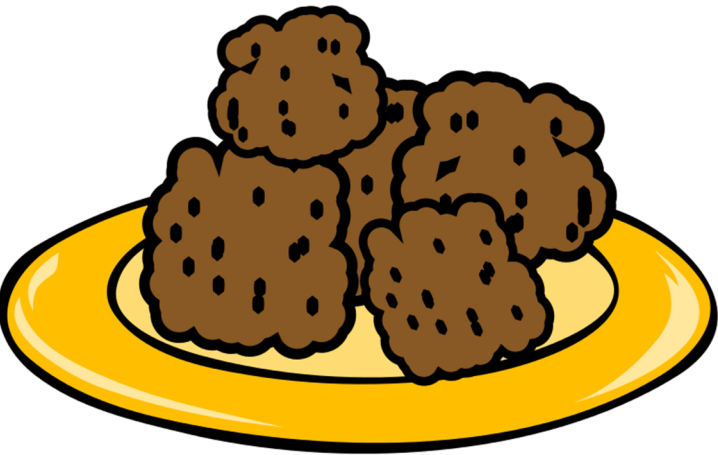
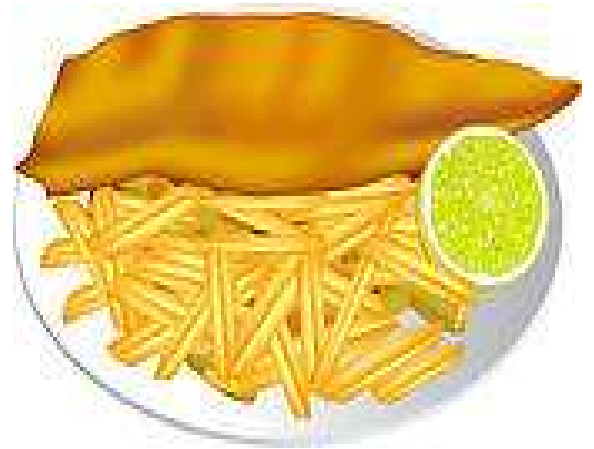
- ◆ Week of 10/8 to 10/14
- ◆ Hamburger on a Bun
- ◆ Hot Dog on a Bun
- ◆ Macaroni and Cheese
- ◆ French Toast and Sausage

- ◆ Week of 10/15 to 10/21
- ◆ BLT Sandwich
- ◆ Pancakes and Syrup
- ◆ Chicken Nuggets
- ◆ Hot Roast Beef Sandwich



October 2017 - Lunch and Dinner Substitutions

- ◆ Week of 10/22 to 10/28
- ◆ Hamburger On a Bun
- ◆ Fried Chicken Breast
- ◆ Scrambled Eggs, Sausage Links and Toast
- ◆ Fish and Chips



- ◆ Week of 10/29 to 10/31
- ◆ Chicken Patty on a Bun
- ◆ Swedish Meatballs
- ◆ Egg Salad Sandwich
- ◆ Omelet and Toast