

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1. Pineapple Juice Strawberries Cornflakes Scrambled Eggs with Ham & Cheese White Toast	2. Orange Juice Fresh Grapes Creamy Wheat Scrambled Eggs Whole Wheat Toast	3. Apple Juice Canned Fruit Raisin Bran Sausage Gravy Biscuit Scrambled Eggs	4. Pineapple Juice Chilled Peaches Oatmeal Scrambled Eggs Sausage Links Muffin	5. Orange Juice Pineapple Cheerios Boiled Egg Whole Wheat Toast	6. Apple Juice Mandarin Oranges Creamy Wheat Scrambled Eggs Bacon White Toast	7. Pineapple Juice Chilled Pears Crispy Rice Cereal Scrambled Eggs Sausage Patty Cinnamon Toast
8. Orange Juice Canned Fruit Oatmeal Baked Egg Omelet Toast	9. Apple Juice Strawberries Cornflakes Scrambled Eggs Hash Browns Whole Wheat Toast	10. Pineapple Juice Chilled Plums Creamy Wheat Confetti Eggs French Toast	11. Orange Juice Chunky Applesauce Crispy Rice Cereal Egg Sausage Bake White Toast	12. Apple Juice Fresh Grapes Oatmeal Pancakes Scrambled Eggs	13. Pineapple Juice Pineapple Cheerios Scrambled Eggs Sausage Links Coffee Cake	14. Orange Juice Canned Fruit Creamy Wheat Boiled Egg White Toast
15. Apple Juice Mandarin Oranges Crispy Rice Cereal Scrambled Eggs w/Ham White Toast	16. Pineapple Juice Canned Fruit Oatmeal Omelet Muffin	17. Orange Juice Fresh Grapes Cornflakes Waffle Sausage Patty	18. Apple Juice Canned Fruit Creamy Wheat Scrambled Eggs Whole Wheat Toast	19. Pineapple Juice Chilled Pears Raisin Bran Sausage Links Cinnamon Toast	20. Orange Juice Pineapple Oatmeal Scrambled Eggs English Muffin	21. Apple Juice Mandarin Oranges Cheerios Western Omelet White Toast
22. Orange Juice Fresh Cantaloupe Raisin Bran Scrambled Eggs White Toast	23. Apple Juice Strawberries Oatmeal Pancakes/Syrup Sausage Links	24. Pineapple Juice Fruit Cocktail Cheerios Confetti Eggs Danish Pastry	25. Orange Juice Crushed Pineapple Creamy Wheat Sausage Gravy Biscuit Scrambled Eggs	26. Apple Juice Mandarin Oranges Crispy Rice Cereal Baked Cheese Omelet White Toast	27. Pineapple Juice Fresh Grapes Oatmeal Scrambled Eggs Hash Brown Potatoes White Toast	28. Orange Juice Fruit Cocktail Cornflakes Boiled Eggs Whole Wheat Toast
29. Apple Juice Fruit Cup Creamy Wheat Scrambled Eggs with Cheese White Toast	30. Pineapple Juice Mandarin Oranges Raisin Bran Sausage Patty Whole Wheat Toast	31. Orange Juice Fresh Grapes Oatmeal Scrambled Eggs English Muffin				

# *Breakfast in December*



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1. Chicken Pot Pie Seasoned Broccoli Biscuit Apple Crisp	2. Salisbury Steak with Gravy Mashed Potatoes Prince Charles Veggies Bread Chocolate Pie	3. Meatballs Buttered Noodles Parmesan Green Beans Bread Golden Peach Crumble	4. Meatloaf Baked Potato with Sour Cream Green Peas Dinner Roll Lemon Pudding Parfait	5. Chicken Patty on a Bun Potato Chips Coleslaw Silver White Cake	6. Lasagna Broccoli Garlic Bread Oatmeal Cookie	7. Roast Turkey Stuffing/Gravy Corn Bread Pumpkin Pie
8. Beef Tips w/Gravy Noodles Carrots Bread Ice Box Dessert	9. Cheeseburger Deluxe French Fries Dill Pickle Chips Cookie Bar	10. Fried Chicken Mashed Potatoes Cream Gravy Whole Kernal Corn Bread Apple Crisp	11. Potato Bacon Soup Chicken Salad Croissant Saltine Crackers Mixed Fruit	12. Green Pepper Steak Cheesy Potatoes Seasoned Cauliflower Bread Bread Pudding	13. Sausage on a Bun Potato Salad Baked Beans Mandarin Oranges Dill Pickle	14. Chicken Dijon Duchess Potatoes Seasoned Beets Bread Cream Cheese Bar
15. Unstuffed Cabbage Green Beans Dinner Roll Rice Crispy Treats	16. Polish Sausage Sauerkraut Au Gratin Potatoes Jello & Whip Topping	17. Macaroni & Cheese Stewed Tomatoes Dinner Roll Chocolate Cake	18. Chicken Alfredo Glazed Carrots Garlic Bread Spice Cookie	19. Hot Roast Beef Sandwich Mashed Potatoes Buttered Corn Oreo Dessert	20. Roast Turkey Stuffing/Gravy Winter Squash Strawberry Rhubarb Pie	21. Pork Roast Whipped Potatoes Harvard Beets Bread Praline Cake
22. Beef Stew Corn O'Brien Biscuit German Chocolate Brownie	23. Chicken Rice Soup Gr. Bologna Sand. Coleslaw Banana Crème Pudding	24. Sloppy Joe on a Bun French Fries Cream Corn Fruit Salad Dill Pickle	25. Christmas Ham Sweet Potatoes Malibu Blend Veggies Homemade Bread Dessert Plate Sparkling Punch	26. Bean Soup Beef & Swiss Sandwich Cucumber Salad No Bake Cookie Saltine Crackers	27. Breakfast Casserole Sausage Links Croissant Roll Strawberries	28. Baked Ham Cheesy Potatoes Diced Carrots Dinner Roll Boston Crème Pie
29. Fried Chicken Breast Potato Salad Baked Beans Bread Chilled Pears	30. Spaghetti with Meat Sauce Waxed Beans Garlic Bread Chocolate Lush	31. Fish Platter with Fried Potatoes Zucchini Casserole Bread Ice Cream				

# Lunch in December



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1. Hot Dog on a Bun Onion Rings Baked Beans Molasses Cookies	2. Chili Deli Croissant Chilled Pears Saltine Crackers	3. Chicken Fricassee Cheesy Potatoes Red Cabbage Bread	4. Crm. Mushroom Soup Ham & Swiss Sand. Tomato Juice Spice Cake	5. Roast Beef Mashed Potatoes Winter Squash Dinner Roll Ice Cream	6. Texas French Toast Scrambled Egg with Sauteed Onions Escalloped Apples	7. Goulash Mixed Veggies Corn Bread Blueberry Crisp
8. Baked Chicken Scalloped Potatoes Winter Mix Veggies Dinner Roll Frosted Marble Cake	9. Homemade Chicken Noodle Soup Gr. Bologna Sand. Wax Beans Chilled Pears	10. Fisherman's Sand. Garlic Butter Noodles Carrots Lemon Meringue Pie	11. Honey Glazed Ham Boiled Potatoes Cabbage Dinner Roll Strawberries/Cream	12. Corn Chowder Turkey & Cheese Sand. Tomato Slices Fruit Cup	13. Spaghetti with Meat Sauce Italian Medley Veggies Breadstick Peach Pie	14. Honey Glazed Ham Sweet Potatoes Dill Carrots Dinner Roll Lemon Bar
15. Roast Chicken Buttered Penne Bursel Sprouts Biscuit Strawberry Poke Cake	16. Tomato Basil Soup Tuna Salad Sand. Poached Pears Dill Pickle Saltine Crackers	17. BBQ Pork on a Bun Roasted Potatoes Prince Charles Veggies Ice Cream	18. Hamburger Pie Japanese Veggies Dinner Roll Cheesecake	19. Sausage Omelet Home made Cinnamon Rolls Escalloped Apples	20. Hamburger Deluxe Pasta Salad Green Beans Mixed Fruit	21. Cheese Ravioli Marinara Sauce Italian Medley Veggies Breadstick Assorted Cookie
22. Baked Chicken Mashed Potatoes Scand. Blend Veggies Dinner Roll Cherry Crisp	23. Meatloaf Baked Potatoes Peas & Carrots Bread Fruit Mix	24. Fish Sticks Macaroni & Cheese Buttered Peas Pineapple Upside Down Cake	25. Cheddar Cheese Soup Egg Salad Sandwich Pickled Beets Spiced Peaches	26. Kielbasa Fried Potatoes Sauerkraut Bread Cherry Chip Cake	27. Chicken & Dumplings French Style Green Beans Biscuit Ambrosia	28. Swiss Steak Scalloped Potatoes Seasoned Beets Bread Ice Box Dessert
29.	30.	31.				

# Dinner in December



# Weekly Menu Substitutions

## Week of 12/01/2019 to 12/07/2019

- Hamburger on a Bun
- Fried Chicken Breast
- Scrambled Eggs, Sausage Links, Toast
- Fish & Chips

## Week of 12/08/2019 to 12/14/2019

- Chicken Patty on a Bun
- Swedish Meatballs
- Egg Salad Sandwich
- Omelet & Toast

## Week of 12/15/2019 to 12/21/2019

- Grilled Cheese Sandwich
- Waffles & Syrup
- Chicken Strips
- Pepper Steak

## Week of 12/22/2019 to 12/28/2019

- Hamburger on a Bun
- Hot Dog on a Bun
- Macaroni & Cheese
- Grilled Ham & Cheese

## Week of 12/29/2019 to 01/04/2019

- BLT Sandwich
- French Toast & Syrup
- Chicken Nuggets
- Hot Roast Beef Sandwich



\*\*Menu Substitutions are for residents only. Guest trays will be the menu item of the day\*\*