

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1. Orange Juice Fresh Oranges Fruit Loops Scrambled Eggs Pancakes/Syrup	2. Apple Juice Strawberries Oatmeal Sausage Links White Toast	3. Pineapple Juice Fruit Cocktail Cheerios Confetti Eggs Danish Pastry	4. Orange Juice Crushed Pineapple Creamy Wheat Sausage Gravy Biscuit Scrambled Eggs	5. Apple Juice Mandarin Oranges Crispy Rice Cereal Baked Cheese Omelet Cinnamon Roll	6. Pineapple Juice Fresh Grapes Oatmeal Scrambled Eggs Hash Brown Potatoes White Toast	7. Orange Juice Fruit Cocktail Corn Flakes Boiled Eggs Donuts
8. Apple Juice Fruit Cup Creamy Wheat Scrambled Egg with Cheese White Toast	9. Pineapple Juice Mandarin Oranges Fruit Loops Sausage Patty Muffin	10. Orange Juice Fresh Grapes Oatmeal Scrambled Eggs English Muffin	11. Apple Juice Chunky Applesauce Cheerios Scrambled Eggs Pancakes/Syrup	12. Pineapple Juice Canned Fruit Creamy Wheat Sausage Links Whole Wheat Toast	13. Orange Juice Canned Fruit Crispy Rice Cereal Scrambled Eggs French Toast/Syrup	14. Apple Juice Mandarin Oranges Oatmeal Bacon Scrambled Eggs
15. Pineapple Juice Strawberries Corn Flakes Scrambled Eggs with Ham & Cheese Donuts	16. Orange Juice Fresh Grapes Creamy Wheat Scrambled Eggs Whole Wheat Toast	17. Apple Juice Canned Fruit Fruit Loops Sausage Gravy Biscuit Scrambled Eggs	18. Pineapple Juice Chilled Peaches Oatmeal Scrambled Eggs Sausage Links Whole Wheat Toast	19. Orange Juice Crushed Pineapple Cheerios Boiled Egg Cinnamon Roll	20. Apple Juice Mandarin Oranges Creamy Wheat Scrambled Eggs Bacon Cinnamon Toast	21. Pineapple Juice Chilled Pears Crispy Rice Cereal Breakfast Sandwich
22. Orange Juice Canned Fruit Oatmeal Baked Egg Omelet Toast	23. Apple Juice Strawberries Corn Flakes Scrambled Eggs French Toast/Syrup Hash Browns	24. Pineapple Juice Cherries Creamy Wheat Confetti Eggs Whole Wheat Toast	25. Orange Juice Chunky Applesauce Crispy Rice Cereal Egg Sausage Bake Pancakes/Syrup	26. Apple Juice Fresh Grapes Oatmeal Scrambled Eggs White Toast	27. Pineapple Juice Crushed Pineapple Cheerios Scrambled Eggs Sausage Links Muffin	28. Orange Juice Canned Fruit Creamy Wheat Boiled Egg White Toast
29. Apple Juice Mandarin Oranges Crispy Rice Cereal Scrambled Eggs w/ Ham Danish	30. Pineapple Juice Canned Fruit Oatmeal White Toast					

LABOR DAY



What's For Breakfast in September?

****Menu Items Are Subject to Change Without Notice****

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1. Beef Stew Corn O'Brien Biscuit Frosted Brownie	2. BBQ Chicken Pasta Salad Corn on the Cob Corn Bread Deviled Eggs Watermelon	3. Sloppy Joe on a Bun French Fries Cream Corn Fruit Salad Sweet Pickles	4. Chicken Divan Mashed Potatoes Broccoli Bread Chocolate Pudding	5. Bean Soup Beef & Swiss Sandwich Cucumber Salad No Bake Cookie Saltine Crackers	6. Breakfast Casserole Sausage Links Croissant Roll Strawberries	7. Baked Ham Cheesy Potatoes Steamed Cabbage Dinner Roll Boston Cream Pie
8. Fried Chicken Breast Potato Salad Baked Beans Bread Chilled Pears	9. Cheese Ravioli Marinara Sauce Northwest Veggie Blend Cheddar Biscuit Assorted Cookies	10. Fish Platter with Fried Potatoes Zucchini Casserole Bread Ice Cream	11. Sweet/Sour Chicken Rice/Fortune Cookie Asian Blend Veggies Bread Vegetable Egg Roll Yellow Cake	12. Broccoli & Ch. Soup Bologna & Ch, Sandwich Tomato Juice Peaches Saltine Crackers	13. Chicken Strips Macaroni Salad Green Peas Bread Frosted Brownie	14. Roast Pork & Rosemary Roasted New Potatoes Green Bean Casserole Bread Sweet Potato Pie
15. Chicken Pot Pie Seasoned Broccoli Biscuit Apple Crisp	16. Salisbury Steak with Gravy Mashed Potatoes Cabbage Bread Chocolate Pie	17. Beef Stroganoff Buttered Noodles Northwest Veggies Dinner Roll Strawberry Poke Cake	18. Meatloaf Baked Potato with Sour Cream Green Peas Cheddar Biscuit Lemon Pudding Parfait	19. Chicken Patty on a Bun Potato Chips Coleslaw Silver White Cake	20. Lasagna Broccoli Garlic Bread Oatmeal Cookie	21. Roast Turkey Stuffing/Gravy Corn Bread Pumpkin Pie
22. Beef Tips w/Gravy Noodles Carrots Bread Ice Box Dessert	23. Cheeseburger Delux French Fries Dill Pickle Chips Applesauce Bar	24. Fried Chicken Mashed Potatoes Cream Gravy Whole Kernal Corn Bread Apple Crisp	25. Bacon Potato Soup Chicken Salad Croissant Saltine Crackers Mixed Fruit	26. Green Pepper Steak Cheesy Potatoes Seasoned Cauliflower Bread Bread Pudding	27. Sausage on a Bun Potato Salad Baked Beans Mandarin Oranges	28. Chicken Dijon Duchess Potatoes Spinach Bread Cream Cheese Bar
29. Unstuffed Cabbage Green Beans Dinner Roll Fresh Fruit Medley	30. Polish Sausage Sauerkraut Au Gratin Potatoes Jello & Whipped Topping					

What's For Lunch in September?



****Menu Items Are Subject to Change Without Notice****

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1. Baked Chicken Mashed Potatoes with Gravy Scand. Blend Veggies Dinner Roll Cherry Crisp	2. Meatloaf Baked Potatoes Peas & Carrots Bread Fruit Mix	3. Fish Sticks Mac & Cheese Buttered Peas Bread Pineapple Upside Down Cake	4. Cheddar Ch. Soup Egg Salad Sandwich Pickled Beets Spiced Peaches Saltine Crackers	5. Kielbasa Fried Potatoes Sauerkraut Bread Cherry Chip Cake	6. Chicken & Dumplings French Style Gr. Beans Biscuit Ambrosia with Whipped Topping	7. Swiss Steak Scalloped Potatoes Seasoned Beets Bread Ice Box Dessert
8. Pizza Bake Sicilian Medley Veggie Bread Stick Rice Crispy Treat	9. Chicken Patty on a Bun Tator Tots Buttered Carrots Banana Bars	10. Swedish Meatballs Buttered Noodles Scand. Blend Veggies Dinner Roll Apple Cobbler	11. Belgium Waffles Sausage Patty Strawberry Filling Syrup Variety Juices	12. Hamburger on a Bun Potato Chips Coleslaw Chocolate Chip Cookie	13. Beef Barley Soup Ham & Cheese Sand. Buttered Carrots Chunky Applesauce Saltine Crackers	14. Unstuffed Peppers and Rice Buttered Corn Bread Fruit Cup
15. Hot Dog on a Bun Onion Rings Baked Beans Molasses Cookies	16. Chili Deli Croissant Chilled Pears Saltine Crackers	17. Chicken Fricassee Cheesy Potatoes Red Cabbage Bread Peanut Butter Cookie	18. Crm. Mushroom Soup Turkey & Ch. Sandwich Tomato Juice Spice Cake	19. Baked Ham Fried Potatoes Prince Charles Veggies Dinner Roll Strawberries & Cream	20. French Toast Bake Scrambled Egg with Sauteed Onions Fried Apples	21. Goulash Mixed Veggies Corn Bread Blueberry Crisp
22. BBQ Chicken Scalloped Potatoes Winter Mix Veggies Dinner Roll Frosted Marble Cake	23. Home Made Chicken Noodle Soup Gr. Bologna Sand. Wax Beans Chilled Pears	24. Fisherman's Sand. Garlic Butter Noodles Carrots Lemon Meringue Pie	25. Roast Beef Mashed Potatoes Winter Squash Dinner Roll Ice Cream	26. Butternut Squash Ham & Swiss Sand. Tomato Slices Fruit Cup Saltine Crackers	27. Spaghetti with Meat Sauce Sicilian Medley Veggies Bread Stick Peach Pie	28. Honey Glazed Ham Sweet Potatoes Dill Carrots Dinner Roll Lemon Bar
29. Meatballs Buttered Noodles Prince Charles Blend Veggies Bread Golden Peach Crumble	30. Tomato Basil Soup Tuna Salad Sand. Poached Pears Saltine Crackers					



What's For Dinner in September?

****Menu Items Are Subject to Change Without Notice****

Weekly Menu Substitutions

Week of 09/01/2024 to 09/07/2024

- Hamburger on a Bun
- Hot Dog on a Bun
- Macaroni & Cheese
- Grilled Ham & Cheese

Week of 09/15/2024 to 09/21/2024

- Corn Dogs
- Fried Chicken Breast
- Scrambled Eggs, Sausage Links, Toast
- Pizza

Week of 9/29/2024 to 10/05/2024

- Grilled Cheese Sandwich
- Waffles & Syrup
- Chicken Strips
- BBQ Chicken on a Bun

Week of 09/08/2024 to 09/14/2024

- BLT Sandwich
- French Toast & Sausage Links
- Chicken Nuggets
- Chimichangas

Week of 09/22/2024 to 09/28/2024

- Chicken Patty on a Bun
- Swedish Meatballs
- Egg Salad Sandwich
- Omelet & Toast



Ombudsman : Julia Tipmore-Region 7

989-450-8632 or 866-485-9393

****Menu Substitutions are for residents only. Guest trays will be the menu item of the day****